

BEYOND MY BACK GATE:

My adventure, your call. Where next?

ABOUT THE ADVENTURE

What would happen if you walked out of your back garden one day, with just a backpack, a bivvy bag and an intention to explore? We're about to find out.

On February 16th I'll leave my flat in London and start walking towards the South Coast. Which ferry port I walk to will be decided by you. Which ferry I board from that port will be decided by you. And which direction I start walking in when I leave the ferry will be decided by (wait for it....) you.



WHY ON EARTH WOULD YOU DO THAT?!

The world is out there to be explored and sometimes we get so het up on planning, booking hotels, trains and planes that it all becomes a bit too much. The thought of organising a trip becomes barrier to travel, so much so that we fail to go at all. So this journey is an experiment. And in my experience experiments are the best ways to learn about yourself, the world and others.

In short I hope to:

- Live each day as it comes - because I won't have a clue what the next day will bring
- See and travel through parts of Europe I haven't been to before
- Share the journey through social media, offering an 'armchair adventure' for those who can't travel themselves this month
- Get followers to replicate the unplanned approach in days or weekends of adventure

HOW IT WORKS

Every few days I'll post three options on Facebook and Twitter.

Facebook

Voting via the Facebook page will be decided according to the number of comments. An example post would be:

"I've just arrived in Calais! Which way now team? This vote closes at 8.30am on February 16th."

- *Left - along the coast towards Dunkirk*
- *Right - Into the national Park and towards Bologne-Sur-Mer*
- *Straight on towards St Omer*

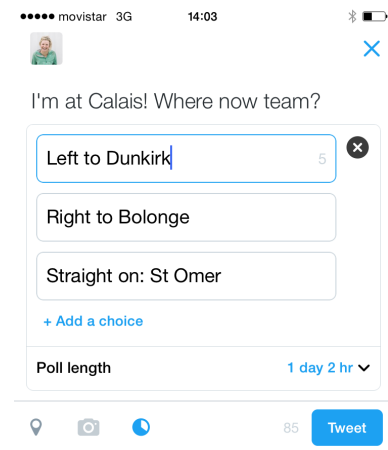
Twitter

Voting on Twitter will happen via a poll - there'll be three short options to choose from.

The option that receives the most number of votes / comments / poll choices across both Facebook and Twitter is the winner. Simple.

Special vote

As a school following along you'll get at least once chance to make a decision instead of the general public. I'll make sure you know when this is going to happen so that you have a chance to cast your vote!



THE POSSIBILITIES

This journey isn't about distance, but the reality is in a month of travel I could end up in any one of these places:

- Turkey
- Southern Italy
- Scandinavia
- Morocco

I could also easily just spend a month wandering around France. I don't mind and I'm excited for all of it!

FAQs

How will you travel?

- I'll be travelling mainly on foot for the whole journey, at a walking pace. I don't have a set distance per day, but on a good day I'll likely walk 20-25 miles. That said, the whole point of this journey is to live each day as it comes, and my tendency to stop for tea and chats with strangers knows no bounds...
- Sometimes I might throw in the odd hitch with a local truck / driver / milk float.
- If I come across another method of travel I fancy (like a bicycle) I may use it for a short while.

Where will you sleep?

- In my bivvy bag mostly. For those who don't know, a bivvy bag is like a giant waterproof sleeping bag - it does everything a tent does, but without the need to pitch it up.
- I'll mostly sleep somewhere in the wild - in a field (or maybe even a roadside ditch!)
- On the odd occasion, or if the weather gets especially foul I may opt for a hostel. Or perhaps the kind strangers I meet will take me into their homes for tea and biscuits.

Are you going alone?

- The whole journey will be by myself, although I will have some friends starting with me, and others dropping in along the way.

TIMINGS

Feb 12th: First option to be posted on Social Media

Feb 16th: Votes/comments are counted and I begin walking at 9am

March 13th: Wherever I am, whatever I'm doing - I must make my way home!

WHERE YOU COME IN

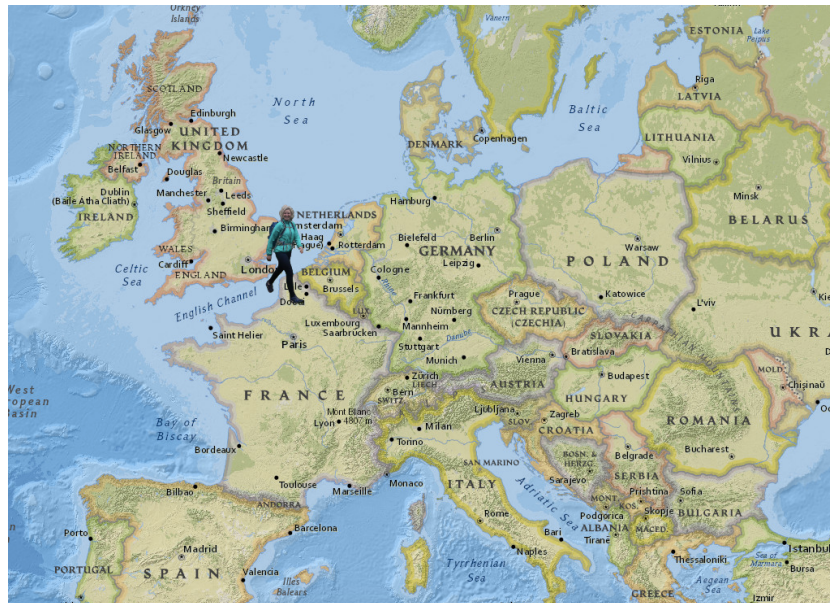
Your role in this journey is simply to follow along as much or as little as you'd like.

1. Pre departure:

- I'll do my best to arrange a Skype call with you/ your class before I leave. Hopefully we've arranged the first one by now. If not I'll be in touch very soon to make it happen.
- If a Skype isn't possible. I'll be able to send you a video message and have you send over a list of questions from the class via email. I'll answer all these questions before I leave.

2. On the road

- **Tracking:** I'll have a tracker on me which updates every 10 minutes so you can check in online with where I am.
- **Voting:** As mentioned you and your class will get a chance to make a decision in the month I'm away. I'll contact you via email when the opportunity is going to arise.
- **Video Message:** I'll send you a video message from the road, and do my best to answer any questions you throw me via email.



The 'Where's Anna?!' tracking map

3. When I'm home

Once the dust has settled I'll get in touch with you to arrange a final Skype session with your class. I'll aim to make this within 2 weeks of finishing the journey.

LINKS AND CONTACT

Website: www.annamcnuff.com | **Email address:** anna@annamcnuff.com

Facebook Page: www.facebook.com/AMcNuff

Twitter account: www.twitter.com/AnnaMcNuff

Skype ID: anna.mcnuff

Telephone no. (044)7988841654

Tracker: I'll add a 'Where's Anna?' tab to the website here so you can always find the tracking page.

